

FINANCIAL FITNESS:  
**LEVEL UP**

# SMALL SAVINGS BIG BENEFITS

## Want to start saving?

It can sometimes feel challenging when you're strapped for cash.

**But it's not impossible.**

One way to get started is to think of the little things you spend money on all the time – maybe on your way to work, your lunch break, or at the weekend – and cut back a bit.

You'd be surprised by how much you can save this way – and the good news is, you can start **right away**.

Here are a few ideas to inspire you.

