FINANCIAL FITNESS:

LEVEL UP

BUILDING AN EMERGENCY FUND

Savings are great for that big purchase you've always wanted. But it's also really important to build up an emergency fund in case you run into some unforeseen difficulty, such as becoming ill and unable to work, your boiler breaking, or losing your income altogether.

Ideally, you should aim for around 6 months of living expenses in your emergency fund. This may seem like a lot, but by adding to it little and often, you'll get there.

STEP 1: YOUR OUTGOINGS

Use the table to work out your **monthly outgoings.** Once you've added them all together, multiply the total by 6 to work out your **savings goal.**

OUTGOINGS	COST
Rent/Mortgage	
Gas	
Electricity	
Food	
Travel	

TOTAL £

X 6 = SAVINGS GOAL £

STEP 2: TRACKING YOUR SAVINGS

A **progress bar** can be a great incentive to help you save.

Split your savings goal into 10 equal amounts, then every time you save that much, fill in a section of the bar.

For example, if you're trying to save **£5000,** fill in a section for every **£500** saved.

10% =

Congratulations! 100%

90%

80%

70%

60%

Halfway there! 50%

40%

30%

20%

10%

HSBC